

COVID-19 Coding and Billing Resource

Use these **ICD-10 Treatment Diagnosis** codes to best support goals related to postural control, breathing techniques:

- R06.02 Shortness of Breath
- R29.3 Abnormal Posture
- R29.91 Unspecified symptoms and signs involving the musculoskeletal system

Please remember that our treatment diagnosis codes must be supported a proper assessment, baseline scores, and goals directly related to the codes. Some examples of these goals are listed below:

- In the environment of COVID-19 within the community, patient will be instructed on proper hand washing techniques, infection control and use of gel hand sanitizer demonstrating fair understanding with 50% of trials.
- Patient will be instructed in deep breathing exercises to including diaphragmatic and pursed lip breathing in order to increase lung capacity and improved respiratory tolerance, pt will perform and utilize these techniques correctly 50% of trials.
- Pt will be instructed on postural control exercise in supported sitting including but not limited to scapular retraction, posterior shoulder rolls and shin tuck to promote upright posture and diaphragmatic expansion for improved lung function, pt will demonstrate fair understanding 75% or trials.
- Patient will perform LE dressing with s/u and use of diaphragmatic breathing to keep O2 sats >90% and with occasional verbal cues for use of breathing strategies in order to improve functional performance.

CPT codes to use when billing for these types of treatments:

- 97110 Ther Ex
 - Breathing/ Diaphragmatic exercises
 - AROM/Strengthening for postural control
- 97530 Ther Act
 - Monitoring and Instructing patient while utilizing breathing and/or postural control techniques during mobility, transfers, etc.
- 97535 Self Care
 - Monitoring and Instructing patient while utilizing breathing and/or postural control techniques during ADL tasks
- 97140 Manual Tx
 - PROM/Stretching of cervical, thoracic spine
 - Myofascial release of cervical and thoracic musculature to increase flexibility
- 97112 Neuro Re-Ed
 - Utilizing postural control techniques as part of balance training