Part 1 and Part 2 Objectives

1. Identify your role in the interdisciplinary team to attain and maintain clients highest level of function and reduce hospital re-admissions

2. Identify how to provide comprehensive, patient centered plans of care and functional outcome driven treatment interventions

3. Identify how occupational therapists and occupational therapy assistants can effectively communicate and collaborate to ensure clients are achieving health, well-being, and participation in life through engagement in occupation
Our Role In Achieving Highest Level of Function & Reducing Re-Hospitalizations

- What suffered during the PHE
- Underlying Impairments versus Functional Deficits
- Sedentary versus mobilization - *Example*: working the trunk

Interdisciplinary Collaboration = Maximizing Outcomes

- Nursing collaboration
Collaboration with PT, ST

Interdisciplinary Collaboration = Maximizing Outcomes

• Collaboration with Events
Interdisciplinary Collaboration = Maximizing Outcomes

• Collaboration with Cuisine Care

Interdisciplinary Collaboration = Maximizing Outcomes

• Communication and Collaboration
### Discharge Planning

**Goal:**
- Discharge to the next level of care
- Goal: maximum functional level / return to PDR

The OT needs to work together to achieve the best possible outcome for each patient.

<table>
<thead>
<tr>
<th>YES / NO</th>
<th>N/A</th>
<th>WHAT</th>
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<tbody>
<tr>
<td>1. Ambulating (walking/wheeling) to the restaurant for meals &amp; activities?</td>
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<td>2. Showering, dressing, grooming, toileting at maximum functional level prior to OT, and for safe environment &amp; daily activities?</td>
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<tr>
<td>3. What does the goal need to do daily and outside the discharge environment? (i.e. house, shops, meals, play, cell phone, mail, safety, etc) - Has he/good performed these tasks at discharge prior to discharge?</td>
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<td>4. Car transfer to go / get?</td>
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<td>5. Family training completed with all caregivers supporting the patient?</td>
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<td>6. Medication Management</td>
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<td>7. Clinical Management of medical conditions (diabetes, wound, etc) as well as exercise devices and adaptive equipment at maximum functional level for safety?</td>
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<th>Therapist</th>
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### OT / OTA Collaboration

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OT / OTA Collaboration

- Supervision/collaboration meeting
  - Practice Act
  - Schedule, schedule, schedule
    - If it is not scheduled, it will not happen. Chatting at lunch or "all the time" is not collaborative supervision
  - Utilize telehealth options
    - Join virtually for progress notes, recerts and evaluations

OT / OTA Collaboration

- Collaborative Relationship
  - Work together for growth and development with care, commitment and trust
- Responsibility
  - Initially supervisor directed
  - OTA actively involved
  - Documentation
Partnership

- End of shift huddle
  - Transition from work to home
- Engage in a meaningful, non-work conversation each day
- Journal club
- Schedule a break in your day...together
  - Laugh, talk about non-work events, plan your meals

Communicating Effectively

Need to articulate how you like to give and receive feedback/communication:

- How do you like to communicate?
- How do you like to receive feedback?
- How do you learn?
- How do you teach?
- How do you coach?
Thank You